



Seattle Office of Emergency Management

Disaster Preparedness Training

February—April 2016

Disaster Preparedness: The Basics

This one-hour course provides an overview of the hazards that can impact Seattle, and steps that individuals and families can take to become more prepared to deal with them. This includes guidance on how to develop a disaster plan, build a disaster supply kit, and organize with your neighbors to become better prepared.

Wed. Feb 17, 2016

6-7:30 p.m.

SPL Rainier Beach

98125 Rainier Ave S

Sat. Mar 12, 2016

10:30 a.m.-12 p.m.

SPL Capitol Hill Branch

425 Harvard Ave E

Tue. Apr 12, 2016

6-7:30 p.m.

SPL Broadview Branch

12755 Greenwood Ave N.

* **Disaster Preparedness: The Basics** sessions do not require any registration but are offered on a first-come first-served basis. Please come early to ensure a spot as we must comply with fire code restrictions on the capacity of the room.

Disaster Skills Workshop

This workshop provides training on key skills needed after a disaster and provides more in depth instruction on key preparedness actions. Participants will rotate through four stations, with each lasting 30 minutes.

This Workshop covers the following topics:

- Fire Extinguisher Use (led by Seattle Fire Dept.)
- Utility Control
- Building a Disaster Kit
- Water Storage and Purification

Mon. Mar 14th, 2016

5:30 –7:30 p.m.

Van Asselt Community Center

2820 S Myrtle St.

Disaster Skills: Basic Aid

Learn how to care for and respond to injuries after a major disaster when 9-1-1 is overwhelmed or unavailable. This session provides practice on how to recognize and treat life-threatening conditions, how to conduct a patient assessment and how to creatively use household items as first aid materials.

Class does not meet requirements for first aid certification.

Fri. April 15, 2016

6:30-8:30 p.m.

Jefferson Community Center

3801 Beacon Ave S

The **Disaster Skills Workshop** and **Disaster Skills: Basic Aid** sessions require pre-registration. Please go to Seattle.gov/emergency and register for sessions through the **Upcoming Events** calendar.

2016 Home Retrofit Classes: Dates and locations are forthcoming. Check the **Upcoming Events** calendar for up to date listings of class offerings.

For more information contact the Office of Emergency Management at SNAP@Seattle.gov or 206-233-5076